



What Makes a Good Peer Mentor?

Peer Mentors are leaders who serve as role models in their school community.

Peer Mentors listen.	They maintain eye contact and give their full attention.
Peer Mentors communicate.	They use words and body language to get their message across.
Peer Mentors are role models.	Through their actions and behaviors, they demonstrate and guide mentees in a positive way.
Peer Mentors are practical.	They help their mentees set goals and help them take steps to reach those goals.
Peer Mentors guide.	They encourage their mentee, rather than push or tell them what to do.
Peer Mentors are kind.	They are nonjudgmental and open-minded.
Peer Mentors are supportive.	Their entire purpose is to spend quality time with, and to be there for, their mentee.
Peer Mentors are responsible.	They show up on time, follow through, and know to ask questions when they don't have the answers.
Peer Mentors are interested.	They show interest in their mentee and in learning more about their mentee's world.
Peer Mentors are genuine.	They bring their individual interests and talents to mentoring. They have fun being a mentor!

Adapted from The Connecticut Mentoring Partnership and the Business and Legal Reports, Inc. – *Best Practices in HR*, Issue 653, September 30, 1999